When the teacher asked if she might visit with my mother, I touched my nose eight times to the surface of my desk.

"May I take that as a 'yes'?" she asked.

According to her calculations, I had left my chair twenty-eight times that day. "You're up and down like a flea. I turn my back for two minutes and there you are with your tongue pressed against that light switch. Maybe they do that where you come from, but here in my classroom we don't leave our seats and lick things whenever we please. That is Miss Chestnut's light switch, and she likes to keep it dry. Would you like me to come over to your house and put my tongue on your light switches? Well, would you?"

I tried to picture her in action, but my shoe was calling. Take me off, it whispered. Tap my heel against your forehead three times. Do it now, quick, no one will notice.

"Well?" Miss Chestnut raised her faint, penciled eyebrows. "I'm asking you a question. Would you or would you not want me licking the light switches in your house?"

I slipped off my shoe, pretending to examine the imprint on the heel.

"You're going to hit yourself over the head with that shoe, aren't you?"

It wasn't "hitting," it was tapping; but still, how had she known what I was about to do?

"Heel marks all over your forehead," she said, answering my silent question.

"You should take a look in the mirror sometime. Shoes are dirty things. We wear them on our feet to protect ourselves against the soil. It's not healthy to hit ourselves over the head with shoes, is it?"

I guessed that it was not.

"Guess? This is not a game to be guessed at. I don't 'guess' that it's dangerous to run into traffic with a paper sack over my head. There's no guesswork involved. These things are facts, not riddles." She sat at her desk, continuing her lecture as she penned a brief letter. "I'd like to have a word with your mother. You do have one, don't you? I'm assuming you weren't raised by animals. Is she blind, your mother? Can she see the way you behave, or do you reserve your antics exclusively for Miss Chestnut?" She handed me the folded slip of paper. "You may go now, and on your way out the door I'm asking you please not to bathe my light switch with your germ-ridden tongue. It's had a long day; we both have."

It was a short distance from the school to our rented house, no more than six hundred and thirty-seven steps, and on a good day I could make the trip in an hour, pausing every few feet to tongue a mailbox or touch whichever single leaf or blade of grass demanded my attention. If I were to lose count of my steps, I'd have to return to the school and begin again. "Back so soon?" the janitor would ask. "You just can't get enough of this place, can you?"

He had it all wrong. I wanted to be at home more than

anything, it was getting there that was the problem. I might touch the telephone pole at step three hundred and fourteen and then, fifteen paces later, worry that I hadn't touched it in exactly the right spot. It needed to be touched again. I'd let my mind wander for one brief moment and then doubt had set in, causing me to question not just the telephone pole but also the lawn ornament back at step two hundred and nineteen. I'd have to go back and lick that concrete mushroom one more time, hoping its guardian wouldn't once again rush from her house shouting, "Get your face out of my toadstool!" It might be raining or maybe I had to go to the bathroom, but running home was not an option. This was a long and complicated process that demanded an oppressive attention to detail. It wasn't that I enjoyed pressing my nose against the scalding hood of a parked car — pleasure had nothing to do with it. A person had to do these things because nothing was worse than the anguish of not doing them. Bypass that mailbox and my brain would never for one moment let me forget it. I might be sitting at the dinner table, daring myself not to think about it, and the thought would revisit my mind. Don't think about it. But it would already be too late and I knew then exactly what I had to do. Excusing myself to go to the bathroom, I'd walk out the front door and return to that mailbox, not just touching but jabbing, practically pounding on the thing because I thought I hated it so much. What I really hated, of course, was my mind. There must have been an off switch somewhere, but I was damned

Depressing as it was, arriving at the front stoop of the house meant that I had completed the first leg of that bittertasting journey to my bedroom. Once home I would touch the front door seven times with each elbow, a task made more difficult if there was someone else around. "Why don't you try the knob," my sister Lisa would say. "That's what the rest of us do, and it seems to work for us." Inside the house there were switches and doorstops to be acknowledged. My bedroom was right there off the hallway, but first I had business to tend to. After kissing the fourth, eighth, and twelfth carpeted stair, I wiped the cat hair off my lips and proceeded to the kitchen, where I was commanded to stroke the burners of the stove, press my nose against the refrigerator door, and arrange the percolator, toaster, and blender into a straight row. After making my rounds of the living room, it was time to kneel beside the banister and blindly jab a butter knife in the direction of my favorite electrical socket. There were bulbs to lick and bathroom faucets to test before finally I was free to enter my bedroom, where I would carefully align the objects on my dresser, lick the corners of my metal desk, and lie upon my bed, rocking back and forth and thinking of what an odd woman she was, my third-grade teacher, Miss Chestnut. Why come here and lick my switches when she never used the one she had? Maybe she was drunk.

Her note had asked if she might visit our home in order to discuss what she referred to as my "special problems."

"Have you been leaving your seat to lick the light switch?" my mother asked. She placed the letter upon the table and lit a cigarette.

"Once or twice," I said.

"Once or twice what? Every half hour? Every ten mintes?"

"I don't know," I lied. "Who's counting?"

"Well, your goddamned math teacher, for one. That's her job, to count. What, do you think she's not going to notice?"

"Notice what?" It never failed to amaze me that people might notice these things. Because my actions were so intensely private, I had always assumed they were somehow invisible. When cornered, I demanded that the witness had been mistaken.

"What do you mean, 'notice what?" I got a phone call just this afternoon from that lady up the street, that Mrs. Keening, the one with the twins. She says she caught you in her front yard, down on your hands and knees kissing the evening edition of her newspaper."

"I wasn't kissing it. I was just trying to read the headline."

"And you had to get that close? Maybe we need to get you some stronger glasses."

"Well, maybe we do," I said.

"And I suppose this Miss..." My mother unfolded the letter and studied the signature. "This Miss Chestnut is mistaken, too? Is that what you're trying to tell me? Maybe she has you confused with the other boy who leaves his seat to lick the pencil sharpener or touch the flag or whatever the hell it is you do the moment her back is turned?"

"That's very likely," I said. "She's old. There are spots on her hands."

"How many?" my mother asked.

On the afternoon that Miss Chestnut arrived for her visit I was in my bedroom, rocking. Unlike the obsessive counting and touching, rocking was not a mandatory duty but a voluntary and highly pleasurable exercise. It was my hobby, and there was nothing else I would rather do. The point was not to rock oneself to sleep: This was not a step toward some greater goal. It was the goal itself. The perpetual movement freed my mind, allowing me to mull things over and construct elaborately detailed fantasies. Toss in a radio, and I was content to rock until three or four o'clock in the morning, listening to the hit parade and discovering that each and every song was about me. I might have to listen two or three hundred times to the same song, but sooner or later its private message would reveal itself. Because it was pleasant and relaxing, my rocking was bound to be tripped up, most often by my brain, which refused to allow me more than ten consecutive minutes of happiness. At the opening chords of my current favorite song, a voice would whisper, Shouldn't you be upstairs making sure there are really one hundred and fourteen peppercorns left in that small ceramic jar? And, hey, while you're up there, you might want to check the iron and make sure it's not setting fire to the baby's bedroom. The list of demands would grow by the moment. What about that television antenna? Is it still set into that perfect V, or has one of your sisters destroyed its integrity. You know, I was just wondering how tightly the lid is screwed onto that mayonnaise jar. Let's have a look, shall we?

I would be just on the edge of truly enjoying myself, this close to breaking the song's complex code, when my thoughts would get in the way. The trick was to bide my time until the record was no longer my favorite, to wait until it had slipped from its number-one position on the charts and fool my mind into believing I no longer cared.

I was coming to terms with "The Shadow of Your Smile" when Miss Chestnut arrived. She rang the bell, and I cracked open my bedroom door, watching as my mother invited her

You look like I need a drink, scotch all right?"

Miss Chestnut's eyes brightened. "I really shouldn't but, oh, why not?" She followed my mother up the stairs. "Just a drop with ice, no water."

I tried rocking in bed, but the sound of laughter drew me to the top of the landing, where from my vantage point behind an oversized wardrobe box, I watched the two women discuss my behavior.

"Oh, you mean the touching," my mother said. She studied the ashtray that sat before her on the table, narrowing her eyes much like a cat catching sight of a squirrel. Her look of fixed concentration suggested that nothing else mattered. Time had stopped, and she was deaf to the sounds of the rattling fan and my sisters' squabbling out in the driveway. She opened her mouth just slightly, running her tongue over her upper lip, and then she inched forward, her index finger prodding the ashtray as though it were a sleeping thing she was trying to wake. I had never seen myself in action, but a sharp, stinging sense of recognition told me that my mother's impersonation had been accurate.

"Priceless!" Miss Chestnut laughed, clasping her hands in delight. "Oh, that's very good, you've captured him perfectly. Bravo, I give you an A-plus."

"God only knows where he gets it from," my mother said.
"He's probably down in his room right this minute, counting his eyelashes or gnawing at the pulls on his dresser. One, two o'clock in the morning and he'll still be at it, rattling around the house to poke the laundry hamper or press his face against the refrigerator door. The kid's wound too tight, but he'll come out of it. So, what do you say, another scotch, Katherine?"

Now she was Katherine. Another few drinks and she'd probably be joining us for our summer vacation. How easy it was for adults to bond over a second round of cocktails.